

**St. Matthew Catholic School**  
**GRADE ONE**  
**Grade Level Expectations**

These are the core grade level expectations based on the McRel standards and benchmarks that should be taught during first grade and represent what a student will learn. They are written from the student point of view. These grade level expectations are aligned with McRel standards and the standards-based progress report. The number listed is in reference to McRel 3rd edition; the number listed for Religion standard is in reference to *By Their Fruits You Shall Know Them*, Lorraine Ozar. Not all standards are addressed at every grade level which is appropriate considering a student's development.

**RELIGION**

1. Reads, interprets, and applies Scripture to life.
  - Recalls Bible stories and knows the Bible is God's holy book
  - Participates in discussion\*
3. Illustrates basic understanding of Catholic dogma and doctrine in light of the "Catechism for the Catholic Church."
  - Learns that God made all things and wants us to know and love Him
  - Recognizes that Saints are holy people with God in heaven.
  - Recognizes that angels are God's special guardians
  - Knows that as Mary was the mother of Jesus; she is also our mother and the mother of the Church
  - Recognizes that God has gifted us with the wonders of creation and a share in divine life through Baptism
  - Knows that Holy Water is a reminder of one's baptism
  - Knows that God is Father, Son, and Holy Spirit
  - Deepens the understanding of Jesus as the Son of God
  - Reflects on what it means to be a child of God
  - Learns that Jesus, being God, also lived as a human like us
  - Recognizes that the Church is a community of God's people
  - Knows that the church is also a special house in which God's family can play and worship
5. Makes moral decisions consistent with Church teachings.
  - Realizes that God's plan is that people be good in order to live with God forever in heaven
  - Recognizes that God gives us rules for living a life of love
7. Acknowledges and affirms the diverse cultural expressions of Catholicism.
  - Recognizes the many gifts, talents and abilities that God has provided each of us
  - Accepts and loves others who are different from oneself
  - Cares for and respects all of God's creation by respecting and loving all members of God's family of all races, languages and abilities
8. Applies Catholic principles to interpersonal relations (e.g., family, peers, work, society, Church, etc.)
  - Practices Christian action toward others\*
  - Is willing to help\*
11. Critiques societal structures in light of Catholic social justice principles and apply to social and personal situations.
  - Practices Christian action toward others\*
12. Engages in service to the community (e.g., family, parish, local, national and global) in response to the Gospel call.
  - Practices Christian action toward others\*
13. Exercises responsible stewardship for the gift of creation.
  - Practices Christian action toward others\*
17. Uses a variety of prayer forms (e.g., traditional, spontaneous, devotional, multicultural) to enrich and express personal and communal spirituality.
  - Experiences a sense of joy, wonder, and discovery in prayer, work and play
  - Demonstrates that God wants us to relate lovingly through liturgical and spontaneous prayer
  - Develops a sense of prayer and celebration of God's gifts.

- Can recite and use the designated prayers and gestures; Sign of the Cross, Our Father, Hail Mary and Grace before/after meals and Morning Prayer, Doxology (Glory Be) and other prayers of cultural/liturgical significance as designated.

19. Demonstrates an understanding of liturgical seasons and feasts.

- Increases knowledge of Church's liturgical seasons of Advent, Christmas, Lent and Easter

## **LANGUAGE ARTS**

### **Writing**

1. Uses general skills and strategies in the writing process

- Prints all upper and lower case letters
- Writes a complete sentence using capitalization and ending punctuation\*
- Applies spelling words in written work\*
- Applies letter sounds\*
- Handwriting
- Forms letters legibly\*
- Uses proper spacing\*
- Can print name, address, phone number and birthday\*
- Completes work neatly\*

2. Uses stylistic and rhetorical techniques in written composition

- Writes or dictates a story with a sequence of events that make sense
- Writes a story with a beginning, middle and end\*
- Writes a composition to convey basic ideas

3. Uses grammatical and mechanical conventions in written composition

- Writes a complete sentence using capitalization and ending punctuation correctly.
- Alphabetizes by first letter

### **Reading**

5. Uses general skills and strategies of the reading process

- Recognizes and uses vocabulary words
- Identifies consonant and long and short vowel sounds\*
- Applies phonetic skills\*
- Uses more than one strategy to identify unknown words\*
- Can identify sight words\*
- Demonstrates the ability to follow oral directions involving two or three steps
- Reads simple stories independently and reads on a daily basis
- Uses library/media center on regular basis

6/7. Uses reading skills and strategies to understand and interpret a variety of literary works and informational texts

- Reads simple stories independently and comprehends main idea
- Comprehends what is read either through retelling, predicting or drawing conclusions
- Identifies the plot, author's message or lesson to be learned, problem and solution, cause and effect, characters, inferences, and setting of stories read
- Listening and Speaking

8. Uses listening and speaking strategies for different purposes; listens actively\*

- Shares ideas and personal experiences orally
- Listens, speaks, reads, and writes in all content areas
- Speaks audibly and clearly to listeners.

## **MATH**

1. Problem solving - Uses a variety of strategies in the problem-solving process

- Draws a picture to represent a problem\*
- Verbalizes process used to solve a problem\*
- Identifies key vocabulary for problem-solving

2. Concept of Numbers - Understands and applies basic and advanced properties of the concept of numbers

- Knows addition and subtraction facts to 12\*
- Writes and counts by 1's, 5's and 10's to 100\*

- Counts backwards from 20\*
  - Identifies place value of 1's and 10's
  - Identifies equal parts as fractions (1/2, 1/3, 1/4)
  - Communicates mathematical concepts through writing and speaking
  - Creates and solves a number sentence to represent a story problem\*
3. Computation - Uses basic and advanced procedures while performing the process of computation
- Identifies pennies, nickels, dimes and quarters\*
  - Can count and write the value of a collection of coins\*
  - Adds to and subtracts from money amounts to \$0.99
4. Measurement - Understands and applies basic and advanced properties of the concept of measurement
- Tells time to the hour and half-hour\*
  - Measures objects using inches (to 12")
  - Estimates and compares the liquid measurement of cups in a pint and pints in a quart
  - Estimates and compares which objects are heavier or lighter than a liter, a pound, or a kilogram
5. Geometry - Understands and applies basic and advanced properties of the concepts of geometry
- Recognizes geometrical shapes: circles, squares, triangles and rectangles
6. Data analysis - Understands and applies basic and advanced concepts of statistics and data analysis
- Develops, reads, and interprets simple graphs
7. Probability - Understands and applies basic concepts of probability
- Understands that some events are more likely to happen than others
8. Functions and Algebra - Understands and applies basic concepts of functions and algebra
- Recognizes and extends basic number patterns

**SCIENCE/HEALTH** - listed by strands

**Earth and Space**

- Describes different weather conditions
- Describes characteristics of four seasons
- Identifies earth, moon, sun, and planets
- Identifies properties of rocks, soils, and locations

**Life Science**

- Explains and compares the needs of living and nonliving things
- Knows that animals require air, water, and food; plants require air, water, and light
- Knows that some things that live today resemble once-living things that have completely disappeared

**Physical Science**

- Makes sensible predictions
- Recognizes the forces of work (push, pull, and lift)
- Describes and classifies matter as solid, liquid, or gas
- Explores ways to balance objects
- Explores properties of magnetism
- Knows that heat can be produced in many ways, i.e., burning, rubbing, mixing chemicals

**Nature of Science and Technology**

- Examines objects with a hands-on approach
- Explores simple reference materials (books, CD roms, etc.)
- Uses early childhood tools for investigation, e.g., hand lens\*
- Recognizes the difference between objects designed by nature and those designed by humans
- Uses pictographs to show and discuss observations

**Health**

- Knows community resources
- Uses health care practices that promote good health
- Identifies and shares feelings
- Knows how to recognize and respond to emergencies

- Knows and understands simple safety rules
- Progress report descriptors deal with relevant concepts studied, sharing ideas, handling materials, and discovering through observation and exploration.\*

## **SOCIAL STUDIES** - listed by strands

### **Civics**

- Demonstrates respect for rights of others, property, and authority
- Establishes healthy relationships with family, friends and community helps
- Is aware of safety rules in regard to fire, strangers, ambulance and substance abuse
- Demonstrates polite manners
- Assumes responsibility for personal learning and behavior
- Knows the concepts of justice, fairness, and respecting others
- Recognizes that people have likenesses and differences
- Recognizes that many different occupations are needed in a community
- Recognizes that our country has leaders, states, and symbols

### **Economics**

- Understands that people need to make choices
- Understands that there are different occupations and that men or women can choose them
- Knows that goods and services have a price and a role in society

### **Geography**

- Verbalizes address, phone number, and birth date
- Recognizes how maps and globes are used to locate places
- Knows areas can be classified as regions according to physical criteria
- Knows locations of basic places in their lives, i.e., home, church, grocery store, school, etc.
- Knows different forms of transportation
- Knows ways people solve problems cooperatively
- Knows ways people adapt to and depend on physical environment
- Knows the role that resources play in our daily lives
- Identifies key countries, the seven continents, and oceans on a map

### **Historical Understanding**

- Understands that people solve common problems by cooperating
- Recognizes that we have rules that help us
- Understands calendar in days and weeks
- Understands that there are different kinds of families
- Understands the changes in family life, transportation, and communication over time
- Understands why we celebrate important holidays
- Knows regional folk heroes and folk tales

Progress report descriptors deal with relevant concepts studied, sharing ideas, and projects clearly showing what was learned.\*

## **MUSIC**

### 1. Sings alone and with others, a varied repertoire of music\*

- Demonstrates ability to echo rhythmic patterns\*
- Participates in group singing\*
- Participates and contributes to class activities
- Listens and follows directions
- Performs simple four beat rhythm patterns from notation\*
- Matches pitch
- Distinguishes and demonstrates between loud and soft, fast and slow, high and low melodies
- Sings and speaks ostinatos (repetitions of a short musical pattern)

2. Performs on instruments alone and with others, a varied repertoire of music
  - Performs on classroom percussion instruments
  - Finds and performs steady beat through singing, speaking, clapping or patting\*
  - Distinguishes between beat and rhythm\*
  - Uses rhythm instruments appropriately\*
  - Demonstrates ability to echo rhythmic patterns.
  - Improvises melodies, variations, and accompaniments
3. Improvises melodies, variations, and accompaniments
  - Finds and performs a steady beat orally
4. Composes music within specified guidelines
  - Improvises melody given a simple rhythm and pentatonic melodic instrument (xylophone, metallophone, glockenspiel)
5. Reads and notates music
6. Knows and applies criteria to music and musical performances, i.e., swinging and swaying
  - Demonstrates how to respond to characteristic of music (fast/slow and loud/soft) through appropriate movement
7. Understands relationships between music and history and culture
  - Knows and demonstrates appropriate audience behavior

### **ART**

1. Understands and applies media techniques and processes related to visual arts
  - Demonstrates craftsmanship by coloring neatly, drawing carefully, and cutting paper neatly
  - Uses art materials appropriately\*
  - Enjoys using different art media
  - Identifies the primary colors
  - Names the warm and cool colors
  - Identifies major shapes, e.g., circles, squares, triangles, rectangles
2. Knows how to use structures and functions of art
  - Follows simple instructions, but maintains an imagination while creating art
  - Learns to apply the elements and principles of design
  - Expresses creativity through art projects\*
3. Knows range of subject matter.
  - Uses art symbols to communicate and convey ideas
5. Understands the characteristics and merits of one's own artwork and the artwork of others

### **PHYSICAL EDUCATION**

1. Uses variety of basic and advanced movement forms, i.e., walking, running, skipping, hopping
  - Demonstrates contrast between slow and fast movement while traveling
2. Uses movement concepts and principles in development of motor skills
  - Maintains balance while bearing weight on a variety of body parts
  - Demonstrates changing direction and force using loco motor patterns
  - Understands a variety of relationships with objects (over/under, behind, through, etc.)
3. Understands benefits and costs associated with participation in physical activity
  - Is aware of basic body function changes during physical activity
4. Understands how to monitor and maintain a healthy enhanced level of physical fitness
  - Participates in vigorous physical activity
  - Is willing to try new activities\*
  - Accepts own abilities\*
5. Understands the social and personal responsibility associated with participation in physical activity
  - Demonstrates the rules of games and activities\*
  - Responds appropriately to a variety of teacher signals for attention
  - Follows directions given to the group\*
  - Demonstrates the willingness to join in an activity\*
  - Demonstrates good sportsmanship\*

## **TECHNOLOGY** - References McRel with NETS alignment

1. Knows characteristics and computer hardware and operating systems (NETS 1)
  - Knows how to power-up computer, monitor, turn on printer, and start a computer program
  - Knows and is able to use the computer keyboard
  - Uses input devices (e.g., mouse, keyboard, remote control) and output devices (e.g., monitor, printer) to successfully operate computers, VCRs, audio tapes, and other technologies.
2. Knows characteristics and computer software programs (NETS 2)
  - Practices responsible use of technology systems and software
  - Knows proper finger placement on home-key rows
  - Types on a computer keyboard using correct hand position and body position
  - Uses menu options and commands
3. Understands relationships among science, technology, society, and the individual (NETS 3, 4, 5, 6)
  - Works cooperatively and collaboratively with peers, family members, and others when using technology in the classroom.
  - Demonstrates positive social and ethical behaviors when using technology.
4. Understands the nature of technological design (NETS 3)
  - Knows how to use simple graphics
5. Understands the nature and operation of systems (NETS 1)
  - Creates and tests a simple linear system

## **GUIDANCE/HUMAN GROWTH AND DEVELOPMENT** - listed by strands

- Working with Others
- Contributes to the overall effort of a group
- Uses conflict-resolution techniques
- Works well with diverse individuals and in diverse situations
- Displays effective interpersonal communication skills
- Demonstrates leadership skills
- Self-Regulation
- Sets and manages goals
- Performs self-appraisal
- Considers risks
- Maintains a healthy self-concept
- Restrains impulsivity

### **Human Growth and Development** –

- Understands that God made humans male and female and each one is unique.
- Recognizes that God loves all people
- Understands tenets of a safe environment

## **SOCIAL/EMOTIONAL GROWTH\***

(All items are referenced on the progress report.)

- Follows directions
- Listens well to others
- Raises hand to speak
- Shares ideas freely
- Accepts responsibility for actions
- Works and plays well with others
- Acts appropriately in group activities
- Works well independently

## **FINE MOTOR SKILLS\***

(All items are referenced on the progress report.)

- Completes work neatly
- Uses scissors with ease
- Uses glue correctly
- Holds pencil and crayon correctly